



You're invited to join Suzanne Lane for a special 'Energy Edge' Introductory Day on 8th July 2018

If you're looking for quick and effective tools to re-energise and re-empower you in all areas of your life, this Energy Edge Introductory Day is just what you need.

Using Kinesiology and influenced by the work of Donna Eden, this fun two-part workshop requires audience participation and demonstrates powerful self-help techniques to relieve stress and maintain physical wellbeing for you and your family.

The afternoon session 'Energy of the Mind', focusses on helping to release restrictive programmed behavioural patterns that hamper our ability to fulfil our dreams and live the life we want.

When:	Sunday 8 th July 2018
Where:	Abington Barn, 52 North Rd, Great Abington, Cambridge CB21 6AS
Time:	10.00 Registration – Coffee/Tea & GF/Dairy Free Cake
	10.30 – 12.00 Energy Edge
	12.00 – 1.15pm Lunch (Please bring a packed lunch)
	1.15 – 3.30 Energy of the Mind – Releasing restrictive behaviours plus 'Ask & Receive'
Suitable For:	All
Special Introductory Price:	£25 per person or bring a friend for just £40

Looking forward to seeing you

Suzanne x