

EXPLORING ANXIETY AND SELF-ESTEEM THROUGH PLAY

Facilitator: EMMA MOAT, Play Therapist and Counsellor
(Cambridge Play Therapy, East Cambs Therapy Centre)

2nd and 3rd December 2017
Abington Barn, Great Abington
Near Cambridge

This course is designed for professionals, parents, carers, trainees, or anyone interested in helping anxious children build self esteem. It will also provide an opportunity for personal development and a chance to network with like minded individuals, and indulge in the luxury of play!

12 CPD points are offered following attendance

£150

(includes delicious home-made lunch both days)

Further information available from:

Emma Moat, Cambridge Play Therapy:
07419 337363; emmakmoat@gmail.com

Local accommodation available—please ask for details

